

# James Abela ELT

## Word Definitions

### Meat

	<b>Word</b>	<b>Phonetics</b>	<b>Description</b>
1	beef	/bi:f/	[U] Beef can be cut into steaks, pot roasts, or short ribs, or ground into hamburger. Beef is taboo to Hindus.
2	steak	/steɪk/	[C,U] A steak is a slice from a larger piece of meat, typically beef. Red meat and fish are often cut into steaks.
3	chicken	/'tʃɪkɪn/	[C,U] Chicken is a type of poultry. Because of its relatively low cost among meats, chicken is one of the most used meats in the world.
4	lamb	/læm/	[U] Chefs and diners commonly know sheep meat prepared for food as lamb or mutton
5	pork	/pɔ:k/	[U] Pork is the most widely eaten meat in the world, providing about 38 percent of daily meat protein intake worldwide. Pork may be cooked from fresh meat or cured over time. Cured meat products include <i>ham</i> and <i>bacon</i> . Pork is taboo to Muslims.
6	ostrich	/'ɒstrɪtʃ/	[C,U] Although they are farmed primarily for leather and secondarily for meat, additional useful byproducts are the eggs and feathers.
7	goat	/gəʊt/	[C,U] Goat meat, called <i>chevon</i> (low frequency word) is said to be similar to mutton.
8	Mutton	/'mʌtən/	[U] Mutton adult sheep's meat, but please note that in South East Asia this commonly refers to Goat's meat (chevon).

### Types of Food

	<b>Word</b>	<b>Phonetics</b>	<b>Description</b>
1	Rice	/raɪs/	[U] small grains from a plant that are cooked
2	Noodles	/'nu:dlz/	[C usually plural] A food in the form of long thin strips made from flour or rice, water and often egg, which you cook in boiling liquid.
3	Potato	/pəʊ'tetəʊ/	[C,U] a round vegetable with a brown, yellow, or red skin that grows in the ground
4	Soup	/su:p/	[U] a hot, liquid food, made from vegetables, meat, or fish.
5	Salad	/'sæləd/	[C,U] a cold mixture of vegetables that have not been cooked.
6	Cheese	/tʃi:z/	[C,U] a food that is made from milk.
7	Sandwich	/'sændwɪtʃ/	[C] two slices of bread with meat, cheese, etc between them
8	Pizza	/'pɪtsə/	[C,U] a food made from a flat, round piece of bread covered with cheese, vegetables, etc and cooked in an oven
9	Pasta	/'pæstə/	a food that is made from flour, water, and sometimes eggs.

[U] uncountable Noun [C] countable noun